

The diversity of British food is now a truly global gastronomic experience. We explore these influences by matching tradition with innovation and using the best Cornish produce.

**Nibbles & Sharers**

|   |                                |
|---|--------------------------------|
| Salt And Pepper Crispy Squid, Sweet Chilli Dip                        | 7.50                           |
| Da Bara Breads, Spiced Chorizo, Red Pepper Hummus, Olives             | 7.50                           |
| Pan Fried Tiger Prawns, Ginger, Chilli, Garlic, Lemon                 | 8.50                           |
| Steamed Cornish Mussels, White Wine, Shallots, Garlic, Parsley, Bread | 8.50                           |
| Cornish Yarg & Tribute Ale Rarebit, Tomato Chutney, Padstow Leaves    | 7.25                           |
| Whitebait, Tartare Sauce  | 5.50                           |
| Porthilly Oysters, Shallot Relish                                     | 3.00<br><small>a shell</small> |

**Sandwiches**

Lunch only

|  |      |
|--|------|
| Crispy Bacon, Lettuce, Tomato                    | 8.00 |
| Smoked Salmon, Chive Cream Cheese                | 8.50 |
| Crisp Fish Fingers, Tartare, Gem Lettuce         | 7.50 |
| Treacle Glazed Ham, Apple Slaw                   | 7.50 |
| Cornish Goats Cheese, Roasted Red Peppers, Pesto | 8.00 |

**Salads**

|   |       |
|---|-------|
| Charred Chicken, Bacon, Avocado, Oven Tomatoes, Baby Gem Lettuce      | 13.00 |
| Greek Feta, olives, Cucumber, Red Onions, Mint, Tomatoes              | 13.50 |
| Grilled Halloumi, Figs, Green Beans, Toasted Macadamia Nuts           | 13.00 |
| Dressed Cornish Crab, Lemon Mayo, Peppers, Radish, Cucumber, Focaccia | 17.50 |

**Mains**

|  |           |
|--|-----------|
| Cornish Mussels Marinere, Bread & Fries  | 15.50     |
| Fragrant Thai Green Monkfish Curry, Pak Choi, Coriander, Jasmine Rice                | 16.50     |
| Wholetail Scampi, Chips, Peas, Tartare   | 12.50     |
| Treacle Glazed Ham, Free Range Eggs, Proper Chips, Tomato Chutney                    | 11.50     |
| Beer Battered Cod, Proper Chips, Mushy Peas, Tartare Sauce                           | 12.50     |
| Molesworth Burger, Ground Beef, Smoked Bacon, Cheddar, Apple Slaw, Fries             | 12.50     |
| Grilled Halloumi & Cornish Blue Cheese Burger, Pickled Beets, Apple Slaw             | 11.50     |
| Cornish Inspired Paella, Tiger Prawns, Chicken, Chorizo, Monkfish, Mussels           | 17.00     |
| 28 Day aged Cornish Rump Steaks, Proper Chips, Vine Tomatoes, Onion Rings, Mushrooms | 17.50     |
| <i>Sauces - Peppercorn, Bearnaise, Cornish Blue Cheese</i>                           | 2.00 Each |
| <i>Add Whole Grilled Tiger Prawns</i>  | 3.00      |

**Kids**

|                               |      |
|-------------------------------|------|
| Baked Mac N Cheese            | 7.50 |
| Margarita Pizza               | 7.50 |
| Battered Cod, Chips, Peas     | 7.50 |
| Wholetail Scampi, Fries, Peas | 7.50 |

**Sides**

|                             |      |
|-----------------------------|------|
| Fries                       | 3.50 |
| Proper Chips                | 3.50 |
| Cheesy Chips                | 5.00 |
| Sweet Potato Fries          | 4.50 |
| Da Bara Breads, Farm Butter | 3.50 |
| Beer Battered Onion Rings   | 3.00 |
| Steamed Vegetables          | 3.75 |

**Wood Stove Pizzas**

|   |            |
|---|------------|
| Spicy Pepperoni   | 12.50      |
| Seafood, Tiger Prawns, Mussels, Anchovies               | 13.50      |
| Margarita, Mozzarella, Tomato, Basil                    | 11.00      |
| Chilli Beef, Jalapeno Chillies, Crème Fraiche           | 13.00      |
| Bbq Feast, Pork Belly, Meat Balls, Bacon                | 13.50      |
| Treacle Ham And Pineapple                               | 12.50      |
| Veggie, Roasted Peppers, Tomatoes, Mushrooms, Sweetcorn | 12.00      |
| Garlic Pizza Bread                                      | 6.50       |
| Cornish Cheddar & Garlic Pizza Bread                    | 8.00       |
| Extra toppings  | £1.50 each |

**The Best Sunday Roast in Town**  
Two Prime Roast Cornish Meats  
Five Vegetables, Garlic Roasties  
Proper Yorkshires, YUM! Served all day.  
£10.50

FRESHLY MADE PUDDINGS CAN BE FOUND ON THE CHALKBOARDS

COFFEE & TEA WITH HOMEMADE CAKE Served All Day From £3.50